

## **Summary**

I focused on the topic of activation of seniors in social care facilities in my diploma thesis. The aim of the diploma thesis was to describe possibilities regarding the activation of seniors in social care facilities and to find out how much the activation services in selected types of social care facilities differ.

I conducted a research survey through interviews with social and activation workers from four types of social care facilities: homes for the elderly, special regimes homes, hospice care and social beds in long-term hospitals. The questions for the interviews were semi-structured and aimed at finding out the possibilities and differences in the activation of seniors in these facilities.

All social care facilities are legally obliged to activate their clients. However, on the basis of this research, I have come to the conclusion that not all facilities follow this requirement. Some entities activate their clients very little, and for this reason, these people are suffering and their life feels meaningless. On the other side, in facilities where activation is provided, seniors are more satisfied, feel they have a meaningful life, and they enjoy their life. As a result of the research, I found that the differences in activation of seniors in social care facilities are really significant.