My graduation project is about mental anorexia (anorexia nervosa). There are two sections: theoretical and practical. In theoretical part I described mental anorexia- causes, diagnostics, complications and formsof treatment. In practical part I wrote about positive way of nursing at the patient with mental anorexia. I aimed to give informations about an individual nursing pian. The nurse can contribute with her way of caring to successful treatment. She cooperats with patient's family and all members of nursing team. I used technical literature and my experiences from practise to write trus project.