

## **Abstract**

The presented Bachelor's Thesis deals with the issue of activation of clients with dementia in retirement homes. It searches for the definition of the terms "senior" and "old age", traces the psychologic and physical changes associated with old age, explores the life of seniors in long-stay institutions, sketches out the recent demographic trends in the Czech Republic and addresses the term "ageism". The thesis then turns to the explanation of the term "dementia" along with its most frequent symptoms, types and causes including the commonly used methods of its diagnosis. The thesis includes a chapter dealing with the current social system of care for seniors in the Czech Republic, describing the most frequently used methods of activization with a special accent on clients with dementia, activating therapy and Montessori method. The last chapter of this work consists of author's personal experience with work in two long-stay institutions with three casual studies added as practical examples and illustrations of the issue and comparison of two elderly jouses and its' activation therapies. The aim of the thesis is to highlight and discuss the potential benefit of activation therapy for increasing the quality of life of seniors with dementia in long-stay institutions and consider the particularities in perception and diversity of needs of various individuals.