

Abstract

The main aim of the thesis is to conduct the survey of mobility of the elderly people during their hospitalization. The partial aim focuses on activities the hospitalized seniors could devote when laying in a bed and being outside the bed. The thesis is divided into a theoretical part and a practical part. The theoretical part provides the insight into the process of aging itself, the hospitalization and the mobility of the elderly people. The practical part describes the qualitative research and the evaluation of the data gained, both in the specific hospital department. The research made by the author of the thesis in the specific hospital department just confirmed author's assumptions of the mobility deficiency among the hospitalized seniors and also confirmed the lack of motivation for moving in this group of patients. The thesis also encourages to dedicate more and to care more about the issue of mobility of the hospitalized elderly people.