

The topic of his thesis "The amount of visceral adipose tissue associated the degree of insulin resistance in humans "I chose based on their interest in the issue of obesity and its clinical implications. When thinking I prefer the focus of the topic in some way interfering in the internal medicine, which I have after graduation he wanted to pursue.

Although obesity in the Czech Republic is the most common metabolic diseases such as human disease is underestimated, since it usually does not endanger the health obese individuals. Many problems and complications associated with obesity can be prevent early diagnosis and subsequent lifestyle modification, dietary and exercising habits.

Therefore I believe that the context described in this work in the future, not only are when preventive action in their medical practice.