

In recent times it has been often discussed in professional circles and media about the rights of patients in connection with restrictive practices. Qualitative research in graduation theses is focused in mapping of issues to manage discomfort and aggression in patients during the provision of medical care, and in application of specialized methods in a variety of health services to patients specifically intoxicated and under the influence of psychotropic medications. The aggression often comes from patients that are confused, mentally challenged, which are under the influence of hallucination and delusion and severe trauma incidents. Confused and aggressive individuals can also show signs of impatience which is triggered during time of unexpected life events or stress. In my graduate work I concentrate on the different views of this topic. In providing medical care for troubled and aggressive patients, very often the communication between the medical staff and the patient is minimal. The goal of this thesis is to uncover professional approach towards an aggressive patient in the concept of medical care. Subsequent goal is to determine and analyze the problem related to the correct management of aggressive patients in conjunction with providing medical care and discover methods which can utilize the best approach to modulate confused and aggressive patient in the medical care profession. In this thesis I assessed several investigative goals: 1) define problems and issues regarding the management of troubled patients in relation to medical care, 2) define problems with management of aggressive behavior in patients in terms of medical profession, 3) discover which instruments can be best applied to manage aggressive behavior in patients, 4) determine which tools can be used by a Registered Nurse, 5) additional goal of this paper is to map evolutionary time line of opinions, tools and approaches to manage patients in medical press in period 1990 to 2005.