## **Abstract**

The thesis is focused on the use of the Marie Montessori method at the second stage of the primary school. The first part explains the principles of Montessori education and training, including the introduction of appropriate didactic recommendations. There are mentioned possibilities of project teaching and description of the cooking project that is the subject of the research. The aim of this work was to find out what changes pupils perceive after completing the annual cooking project. The results showed that pupils learned how to cook, work in a team and how to resolve conflicts. They started eating more vegetables. Cooking is fun. In the future, pupils want to choose whether or not to participate in the project.