

Abstract

The diploma thesis "Spiritual Care for the Elderly as a Part of a Holistic Approach" addresses the question of how the support of spirituality can help seniors to cope with the difficulties of their lives such as the transformation of social and work roles, the loss of a partner or other close people, illness and dealing with the topic of mortality and the end of life, which usually come at this age, if not even before,. We are thinking about whether spirituality only affects people of faith or religion, or is given in some form to everyone. Thesis is looking for possibilities and approaches to spiritual care also for people who have not been interested in spirituality during their lifetime, have not expressed devotion, or turned away from for some reason. The interest is given how spiritual care is provided in various senior homes in Prague as part of a holistic view on elderly. This work demonstrates various forms of giving this care, its use and evaluation from the perspective of clients, but also employees, volunteers and clergy.

Keywords

age, senior, spiritual care, house for seniors, holistic approach