The target of this thesis is to identify stressors affecting mothers of immature newborns during their hospitalization in the neonatal department. It presents the problems of an immature newborn's premature birth and deals with the moter's psychical sphere and, at the same time, with the crisis intervention. The research part maps cirkumstances of the conception and the baby's premature birth and focuses on the analysis of the situacion of mothers after a premature birth.