The main goal of this proposing diploma thesis is determining the rate of using the active methods in teaching at the secondary grammar schools. The theoretical part is devoted to traditional and modern teaching methods, it presents their advantages, disadvantages and weaknesses. The main part of diploma thesis is given to research. There have been found out the opinions of 80 teachers and 280 students on activation methods and their implementation into the teaching. The research took place at 8 secondary grammar schools and as the methods were used questionnaire and controlled discussion. More than half of students declares that they would like to work with these methods during the lessons, but unfortunately teachers do not use them. More than (three quarters) of teachers think that they use the methods enough, although only for some thematic units. There are two main reasons – the lack of students' interest and the large amount of subject matter to teach – why teachers prefer traditional methods of teaching. The brainstorming, discussion, the solving of model situations and acting the roles are the most used activation methods.