

Diploma thesis aims to problems of education, educational instruments and period of adolescence. Theoretical part defines the term education, describes basic educational goals and styles, role of parents and teachers in education of adolescents, frequently used educational instruments and evolutionary changes, which are experienced by each individual during period of adolescence. Research part discovers which educational instruments are used by parents and teachers during education of students of Secondary Nursing School (SNS) at most and also traces opinions of students to presented issue. The research has been done using own questionnaire for parents and teachers and using controlled interview for students. The research itself was realized at SNS in Beroun, Higher Nursing School (HNS) and SNS of Jan Evangelista Purkyně in Most, SNS and HNS in Pilsen and SNS Ruská in Prague 10. It is obvious from the results of research that parents and teachers try to keep relationship with adolescents and they base the education rather on motivation, rewards and respect of established rules.