

## **Abstract**

Starting points: A positive attitude towards the provision of spiritual needs leads to better care and to the internal readiness of nurses to meet the spiritual needs of patients. The mere provision and acceptance of spiritual needs for patients, their relatives and colleagues leads to greater quality, satisfaction, comprehensive and holistic provision of nursing care.

Objectives: The aim of the investigation was to map spirituality in nursing. Assessment of the need for faith, belief and significance. Finding out the importance of spirituality / belief in the healing process. Verification of the influence of the community or community as support for nurses and the importance of the information provided about spirituality from patients in the provision of health care.

File and methods: Own investigation of spirituality in nursing through a standardized FICA questionnaire. The selection of respondents was intentional. The survey itself was carried out at the Motol University Hospital in Prague. A total of 150 paper questionnaires were distributed. There were 59 correctly completed and acceptable paper questionnaires, 18 questionnaires were collected online. There were 77 nurses in the group, of which 90.91% were women ( $n = 70$ ) and 9.01% were men ( $n = 7$ ). The average age was  $M = 41.54$  years. The average number of years of practice was  $M = 18.7$  years. The FICA applied questionnaire consisted of 21 questions, to which were added 4 questions focused on spirituality in nursing and 7 anamnestic questions. The data obtained from the questionnaires were subjected to statistical analysis, in which Excel was used.

Results: Based on our findings, we can say that there is a statistically significant difference between believing and non-believing nurses in the importance of spirituality in the healing process. Believing nurses attribute to spirituality a greater role in the healing process than unbelieving nurses. Furthermore, we state that spirituality in nursing has its justification and important place, so it is necessary to pay due attention to it.

Conclusion: Based on our findings, we can state that there is no statistically significant difference in the provision of nursing care between believing and non-believing nurses. Based on our results, we can state that there are no statistically significant differences between the nurses regarding the need for spirituality.

## **Keywords**

Spirituality, Spiritual care, Spiritual needs, Nurses, Nursing