

ABSTRACT

The thesis focuses on the attitudes of health care professionals in intensive care to patients after a suicide attempt. First chapter deals with suicide issues in detail, outlines sources of emotional problems and stress which can health care professionals encounter. The next chapter talks about burnout syndrome. The research part surveys the attitudes of healthcare professionals to suicidal patients, investigates the level and effectiveness of the awareness of health care professionals in the psychiatric and psychological issues and its impact on their attitudes, assesses awareness of burnout syndrome and eventual respondent's own experiences with this condition and evaluates the degree of mental and emotional demands of care of suicidal patients. On the qualitative research in the form of semi-structured interviews participated 20 respondents. We found that the attitudes of health care professionals to patients after a suicide attempt are rather positive. A surprising finding was that 70 % of respondents didn't receive any seminar or course focused on topics mentioned above, and that none of them are actively interested in the specific issue of psychiatric intensive care of patients with somatic disease and neither the issue of suicides. A disturbing finding was that 85 % of respondents observed some symptoms of burnout during their practice, 60 % in the past, and 25 % are affected by them even today. The investigation further showed undoubted influence of burnout syndrome on the respondent's attitudes to patients after a suicide attempt. 30 % of all respondents says that the care of this kind of patients is more mentally demanding.

keywords:

suicide attempt, attitude, health care worker, burnout syndrome