Abstract

This master thesis was focused on Validation method, whose author is an American social worker Naomi Feil, who created this as a help with communication with disoriented elderly people. The aim of the thesis was describe Validation, it's theoretical background which was set by The author herself and find out how is this method used in actual work with the disoriented old people in czech care homes. Thesis was divided in to two parts – theoretical and emipirical.

In the first part was mainly concentrated on explaining the method itself. It's principles, reasons for origin, Validation techniques and use of Validation in czech environment.

Empirical part was focused on finding out how practical usage of Validation looks like. To find out I used questionnaire that was send to care homes, where the employees finished some Validation training which was also criterion for choosing these respondents. From these results of the research I can say that the theoretical basis created by Naomi Feil is mostly not used in czech care homes. According to the questionnaires most employees of the care homes accepted the principles of Validation mostly it's empatiic communication. As is indicated in discussion, in my opinion it's more important to accept the principles of the method then mastery of the theoretical basis of the method.