

**Abstract:** One of the presumptions of anorexia nervosa successful treatment is decreasing eating pathology which includes manipulation with food and laxative abuse. Many theses agree that eating pathology may be affected by a movement therapy included in the treatment. Decrease of eating pathology was established by the theses applying yoga, body awareness therapy and resistance training. However, none of the studies has been interested in pediatric patients with anorexia nervosa.

The aim of this thesis is to verify the outcomes of foreign authors through the application of yoga to the multimodal treatment of pediatrics with anorexia nervosa. Yoga sessions ran 60 minutes, twice a week, 8 participants obtained 10 yoga sessions in total. The therapy took place in The clinic of pediatric psychiatry in FN Motol. The results did not establish the high effect of yoga to the level of eating pathology. That could be caused by the low quantity of participants.