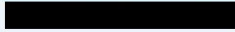


Testee information



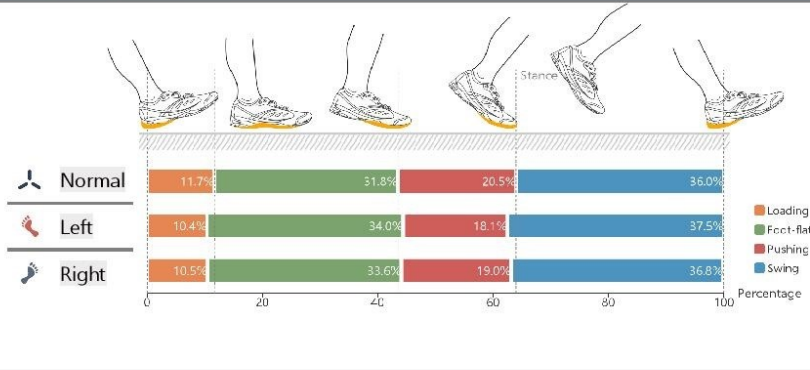
Analyst

rehabtest

Data test

2019-03-01 15:27 Data integrity: Bad Jogging test *
Nothing

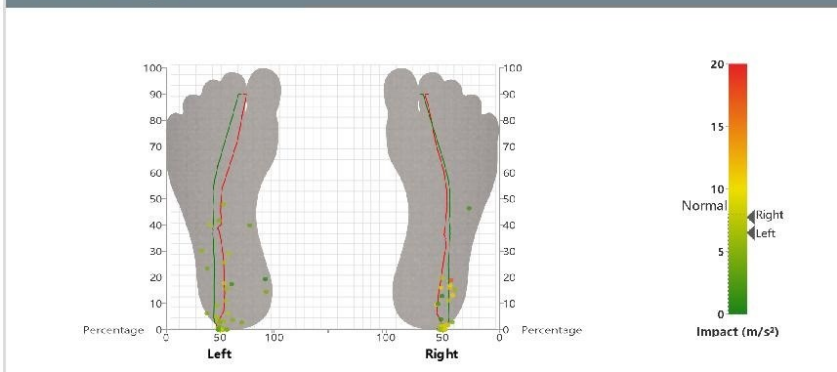
Temporal parameters



Data interpretation

1. Analysis: Main load bearing leg is R. Potential risks: leg length discrepancy, antalgic gait.

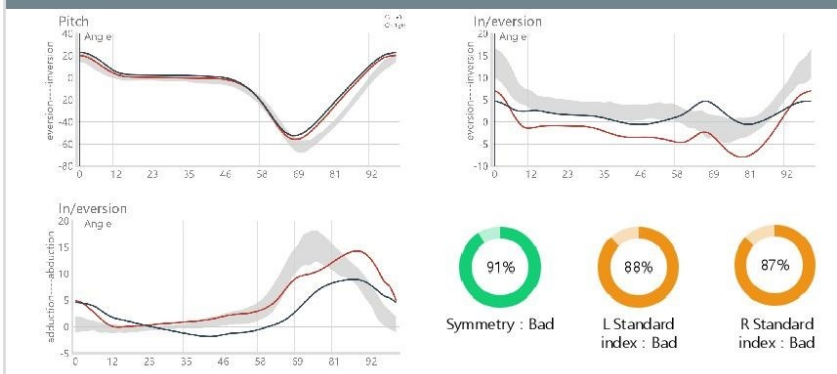
Stance analysis



Data interpretation

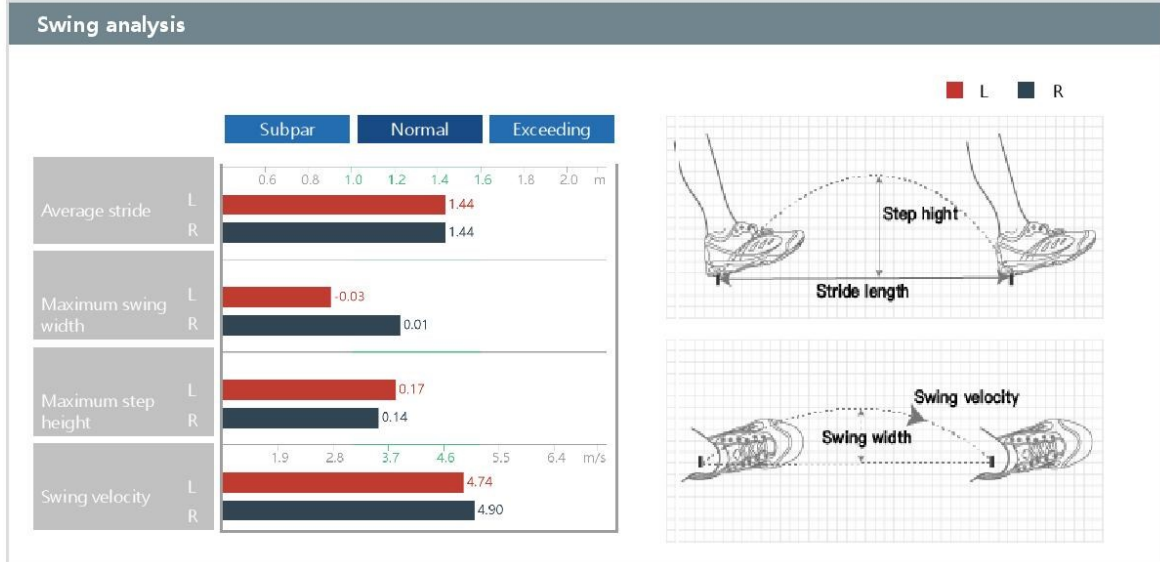
1. Analysis: Heel landing position is excessively towards the outer side. (LF/RF)
2. Analysis: Heel lands on the outer side. (LF/RF)
3. Analysis: Under pronation. Potential risks: rigid arch, high arch. (RF)

3D motion



Data interpretation

1. Statement: Symmetry indicates muscle strength balance and body coordination. A low Standard Index reflects a improper movement pattern differing from normal.



Data interpretation

1. Analysis: Under pronation, high risk of strephenopia, plantar fascia overtension, high arch, under abduction of toe. Risks: impact injury to knee, ankle and hip, low stability of single foot stance phase, lower limb joint degeneration, knee pain, lumbago. (RF)

2. Analysis: Hip abductors tension, high risk of knock-knee, big angle of femoral anteversion. Risks: forefoot pain, lumbago, big lower abdomen. Or hip abductors flaccidity, intortor tension, high risk of genu valgum. (LF/RF)

Solution: Stretch tensor fasciae latae, the gluteus minimus, the gluteus medius. Stretch the hip adductor, Strengthen the hip abductor.

Pressure Mapping

