

## **Abstract**

**Background:** The bachelor's thesis "Harmonization of family and work life of Czech nurses" deals with the possibility of reconciling family life with the demanding profession of nurse.

**Aims:** The aim of the questionnaire survey was to find out how Czech nurses are able to manage shift work and family life. Another goal was to find out what share is divided between the division of leverage in their households and the subsequent care of the child.

**File and methods:** Data collection took place in the University Hospital in Motol and in the Regional Hospital in Kladno, data was collected in an inpatient types and outpatient types of workplaces. The target group of respondents consisted of general and practical nurses. The Program Microsoft Excel was used to process the data and the program Statistica CZ 12 was used for the processing of basic statistical analysis and the elaboration of frequency tables.

**Results:** The results showed that of the two hospitals surveyed, when the total number of respondents was 165 (70 respondents for ON Kladno and 95 respondents for Motol University Hospital), the division of household work is mostly in the hands of women, participants could express this part of the questionnaire in a percentage.

**Conclusion:** Based on the results of the bachelor's thesis, I consider it important to pay more attention to this topic and expand the study on the relevant topic.

## **Keywords**

Family, family life, work life, nurse, communication, housework, maternity leave, parental leave