

## **Abstract**

The bachelor thesis addresses the perception of the quality of life of a patient with a stoma. It explores psychological and social factors considering areas of interest, occupation and relationships that have changed since the formation of the stoma.

The theoretical part is developer to the anatomy and physiology of the gastrointestinal tract, defines the concept of the stoma, points out the types, distribution of stoma and reveals the causes for establishing a stoma. Consequently, the history of care of stoma and clarification of the concept of quality of life is indicated. Finally, the focus is on education, feeding, social groups, and ostomy associations.

The practical part of the work depicts the perception of changes in patients after the outbreak of a stoma that is significantly affecting the quality of their life. The research was carried out in the form of interviews question eleven patients from two medical facilities-the Royal Vinohrady University Hospital and the ostomy clinic of the Institute of Clinical and Experimental Medicine in Prague.

### **Keywords:**

Stoma, quality of life, change, psyche, integration into the collective, self-confidence, association of ostomists, ILCO, FNKV, IKEM.