BACHELOR THESIS ABSTRACT

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Title of bachelor thesis: Physiotherapy in patients with long-term heart assist devices

Abstract:

This thesis deals with the issue of physiotherapy in patients after the implantation

of long-term heart assist devices (in this case of the type HeartMate 3). The goal of this thesis

is to find the possibilities of physiotherapy within cardiovascular rehabilitation after surgical

implantation of heart assist device and subsequent application of this knowledge in practice.

The thesis is divided into theoretical and practical parts. The theoretical part consists of

basic information about the heart muscle and heart failure as the most common cause

of implantation of the long-term heart assist device. Next, both heart assist devices in general

and concretely HeartMate 3 are presented. Finally, there is a chapter devoted to cardiovascular

rehabilitation.

The practical part was created based on professional practice in the IKEM hospital

in Prague at the turn of July and August 2020. There is an elaboration of case studies of two

probands using functional testing such as the 2 Minute Walk Test and Barthel Index. The results

of comparing the input and output examinations are summarized in the discussion and

conclusion.

Key words:

physiotherapy, cardiovascular rehabilitation, heart failure, HeartMate 3, long-term heart

assist device