

Abstrakt

Title :

Qualitative and quantitative research activity structures player football elite efficiency – centre half

Purposes work :

Determine current data requirements on player function median reservist in contemporary conception vertical football

Method :

Research has been applied to frictional players elite efficiency successful teams on MS 2006. Was used observation method quantitative and qualitative character

Record :

Gained record were used at search evolutionary trends on side middle reservists elite efficiency and largely like groundwork for training suit.

Pivotal words :

Particular play achievement, player function, centre half