

Diseases of the nose and paranasal sinuses was until recently rather the outskirts of interest otorinolaringologů a separate professional publication devoted only nasal polyposis was published in England in the year 1997. V Rhinology occurred for the last decade, the rapid development of interest in nasal polyposis , her surgery, Conservative therapy, relapse prevention and course of the disease.

Recently discovered new surgical and conservative therapies and obvious relationship to serious diseases of the lower respiratory tract .

Nasal polyposis , although it is a benign disease , the patients subjectively perceived as very unpleasant and unfortunately often recurrent disease. Nasal polyps are a manifestation of pathological changes in the respiratory mucosa upper respiratory tract.

There are many different definitions of the disease and on the basis of these expert opinion can be used for the definition : Nasal polyps are edematous mucosa pouches , occurring to different extents from one polyp to diffuse polyposis . May affect the nasal cavity , paranasal cavity but also . generally said that nasal polyposis is the final stage of the chronic inflammatory process nasal mucosa of various causes , but the etiology and pathogenesis of nasal polyposis is not Currently clearly elucidated.

Polyps occur as often in men as in women and their occurrence increases with age. Most commonly occurs in patients fifty years old or older. Prevalence of nasal polyposis is estimated at between 1-4 %. Furthermore, nasal polyposis detects more frequently in patients with certain other diseases , especially with bronchial asthma. (Table 1 )

Despite the possibility of radical surgical snare , even after successful treatment of nasal polyposis combination of supportive treatment methods fail to prevent relapse in our patients.