

The bachelor work focuses on the importance of activity of old-age people who are situated in houses of institutional care. First part of the work summarizes basic notions of old-age, notions of the process of aging and illness. It defines essence and meaning of dignity of old people who are situated not only in institutional care houses. Next part of the work places emphasis on the psychology of old-age and also on importance of activity at various levels. The work also deals with operation of activities by attending staff, with the sense of harking, empathy and talking with clients. The motivation of attending staff is also very important element of old people care. The second part of the bachelor work is based on the practical research. The research was carried out in the Prague-based house of institutional care, Domov sv. Karla Boromejskeho during six months. Implementation and the results of the research confirmed the thesis of high importace of activity realized with old-age people who are located in houses of institutional care.