

**Introduction:** Matrix metalloproteinases (MMPs) are zinc-containing metalloproteins which take part in many processes associated with extracellular matrix (ECM) remodeling. These enzymes participate in most processes degrading connective tissue during ontogenesis. Changes in MMP expression and activity can be observed in most inflammatory, degenerative, and malign processes. Methallothionein also belongs to the group of zinc-dependent metalloproteins and it is involved in metal trafficking, detoxification or protection of cells against reactive oxygen species.

**Aim:** The aim of this study was to analyze MMP and methallothionein in various experimental models of cardiac tissue remodeling (under hypoxia and methamphetamine administration) and in groups of patients with dyslipoproteinemia and traumatic brain injury.

**Methods:** Laboratory rats were exposed to 1) hypoxia for 3 weeks and treated with MMP inhibitor 2) hypoxia and hypoxic hypercapnia for 4 days. 3) In another experimental set methamphetamine was applied to rats for 9 weeks. 4) A group of patients with dyslipoproteinemia was investigated before and after 1 month therapy by diet or hypolipidemics. 5) Blood samples were collected from patients with traumatic brain injury during hospitalization. MMPs were analysed by zymography, immunochemical method, and mRNA analysis. Methallothionein was determined by electrochemical method. Furthermore, protein profiling of cardiac tissue was performed in experimental animals, analysis of ECM proteins or individual collagens. Basic biochemical parameters of lipid metabolism were investigated in patients with dyslipoproteinemia.