

Abstract

Title: Tennis for people with activity limitations

Objectives: The aim of the bachelor's thesis is to summarize the existing knowledge about tennis for people with activity limitations in the context of historical development.

Methods: The bachelor thesis is carried out as a review. Scientific literature, popular science papers and other sources, especially Internet sources dealing with the topic of wheelchair tennis were the source of information for this bachelor's thesis.

Results: The thesis provides an up-to-date overview of scientific literature related to tennis for people with activity limitations. Part of the work is devoted to the history of this relatively young sports industry. There are described the current rules, the specifics of armaments and equipment, and mentioned the issue of classification in competitions at the international and national levels. Part of the work is devoted to the technique of strokes, which are highly specific and different from standard tennis.

Conclusions: In conclusions it should be mentioned the necessary to popularize the sport of people with activity limitations, as one of the means of maintaining their independence and the path to a full life.

Key words: tennis, wheelchair tennis, handicap, history, equipment, tennis cart, tennis racket, rules, forehand, backend, serve, classification, quadriplegia, paraplegia