

## **ABSTRACT:**

This diploma thesis deals with eating disorders, their causes and displays. It is based on the assumption that former patients are able to assess what was the main cause of their problems. The theoretical part defines particular eating disorders, their history, risk factors of their emergence, diagnosis, epidemiology and health complications accompanying these diseases. The practical part focuses on obtaining information by friendly interview with open questions. The qualitative research includes case studies of six women, four of them are over the age of 20 years and two of them over the age of 40 years. The main objective was to discover how they were affected by the school environment in relation to her own body and what attitude do they have to the prospective prevention programs at our schools. The part with recommendations tries to enlarge already existing prevention programs at schools. There are some proposals for cooperation between schools and professional institutions, workshops with patients and some suggestions to lessons of Health education. Further there are mentioned some projects focused on interpersonal relationships and healthy lifestyle. Finally, there are some suggestions focused on education of teachers and parents of students in the prevention of ED.