

## **Abstract**

The aim of the diploma thesis entitled *Compensatory mechanisms in adults with Asperger's syndrome* is to answer the main research question: *What compensatory mechanisms do adults with Asperger's syndrome use during integration into society and what social consequences do they face?* The diploma thesis is divided into two parts, theoretical and research. The theoretical part presents readers with expertise from Czech and foreign publications. The introductory part deals with the characteristic of Autism spectrum disorders (ASD), Asperger's syndrome (AS), etiology and interesting myths about the development of autism spectrum disorders. The following chapters provide information on the integration of adults with AS into society, possible barriers to social integration and social skills training that can be supported by social workers. The next chapters present a long-term prognosis, compensation mechanisms and their possible social consequences.

The research part of the thesis focuses mainly on the collection and analysis of data oriented according to some elements of constructivist grounded theory (GTM). Interpretative qualitative research of the diploma thesis is realized through semi-structured interviews with adults with Asperger's syndrome and also with social workers from one organization, helping people with AS and their surroundings with social integration. The results of interpretative constructivist grounded theory based on the diploma thesis show that some adults with AS can have problems with integration into society and are not accepted by society. The reason is their difference (in some cases different behavior), and therefore they use compensation mechanisms that help them hide a certain otherness. However, concealing and frequently using compensatory mechanisms in an adults with AS can cause both positive and negative consequences. The positive ones include, for example, the admission of adults with AS into society and finding employment. Negatives include non-acceptance of one's own identity, fatigue, exhaustion and frustration.