

The topic of his thesis prevention of breast cancer , I chose because breast cancer currently represents one of the most serious epidemiological problems of the Czech Republic. In our country every year diagnosed more than 5500 new cases of the disease. The consequences breast cancer die each year approximately 2,000 Czech women and the causes deaths in the age group of 20-54 years and occupies first place breast cancer .

The prognosis depends on the stage of disease at diagnosis , so it should be our efforts to identify malignancy as soon as possible . This should serve regular preventive investigations of women from high-risk groups ie women between the 45th to 69th year and individuals with a family predisposition .

These preventive methods include breast self-examination that these women carry home a mammogram , whose regularity should keep an eye on general practitioner or gynecologist .

The aim of my thesis is to highlight the risks associated with the tumor and create overview of methods for prevention of breast cancer