

In my thesis I concentrate on problems with fatigue of rheumatic patients. The theoretical part deals with features of rheumatic diseases and fatigue. It closely describes illnesses of which fatigue is a typical symptom. There is a separate chapter where fatigue is specified itself. At the close of the theoretical part there is being emphasized how important is the role of a nurse and education of patients in rheumatology. I surveyed patients' attitude to fatigue, their awareness of tiredness and an approach of health workers and families to this problem. This quantitative survey was done by questionnaires. The outcome data were statistically processed and it resulted in creating an educational sheet for rheumatic patients.