

Bibliographic identification

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Abstract

This thesis addresses the issue of musculoskeletal disorders in drummers. The aim of the thesis was to collect and classify the existing knowledge about performing arts medicine with a focus on musicians. Furthermore to gather and classify knowledge about aspects of playing drums and, last but not least, about the risk factors associated with this activity. This thesis is divided into theoretical and practical parts. In the theoretical part, a search was created on the basis of available Czech and foreign professional literature. Practical part consisted of an assessment of three probands playing drums and a follow-up therapy resulting from the assesment. The same assessment was performed after the therapy. In the final discussion, the possible causes of some changes and found phenomena were analyzed on the basis of a comparison of the input and output assessments.

Keywords

drummers, PRMD, performing arts medicine, upper extremities

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