

Abstract

Background: For dealing with addiction, bio-psycho-socio-spiritual paradigm which is the main subject of this paper. The first three topics are mostly concerned about research rather than spirituality theme itself. The majority are focusing particularly on feeling spirituality of the researched clients

Aims: The main aim was to map spirituality of workers that are supporting residual addiction treatment, which could bring new findings with possible implementation to bring spirituality to practice. Aims: The main focus of the paper is to describe spirituality of residual addiction treatment workers.

Methods: For data gathering, Prague spirituality questionnaire was used, where individual approach to spirituality can be assessed. The questionnaire consists of social and demographic questions combined with personal spirituality position together with its impact. There were 49 respondents consisting of residual addiction treatment workers.

Results: The outcome describes differences between individual professions of which nurses are the group with biggest impact of spirituality while addictologists on the opposite site. Analysis further reflects link between spirituality and age of the respondents, which is clearly higher with increasing age. On top of that, men clearly feel drugs as a source of spirituality much more than women, for which it is rather family. Moreover, women sense positive impact of spirituality in various points of their personality rather than men.

Conclusion: To conclude this thesis, there are clear differences between sense and impact of spirituality sources between the questioned group of workers. The link between age and spirituality for older respondents is crystal clear and seems like it builds over during their working life. The suggestion should be to discuss and focus spirituality already during beginning of studies, mainly for field of addictology so absolvents are able to build their spirituality.

Key words: Spirituality, religion, addiction, addiciton treatment, service for addicted people, helping professions