

## **Abstract**

The submitted diploma thesis is called: Rehabilitation of a family endangered by transgenerational transmission of alcohol addiction. Alcohol addiction in the family is a very current topic, as it can have a significant impact on future generations of children who grew up with an alcohol addicted parent. The theoretical part deals with the issue of alcohol addiction and its impact on family functioning, psychological and social development of children and their functioning in adulthood. It also examines the causes and manifestations of transgenerational transmission of alcohol addiction in the family, including how to prevent the risk of alcohol addiction in future generations. The aim of the empirical part is to answer the main research question through interviews: What is the personal experience of the current generation of offspring of alcohol addicted parents in creating their own family and how can the family prevent the risk of transgenerational transmission of alcohol addiction to the next generation of offspring? From the research survey, we found that children who grew up in an alcoholic environment are affected to various degrees in adult life in all areas, because they have not experienced healthy parenting patterns in the family. Furthermore, it was found that protective factors in the upbringing of children have a significant preventive effect, which eliminates the risk of alcohol addiction in the offspring of adult children of alcoholics. In the field of social work, a suitable method of family rehabilitation is that it can provide support to a family at risk of alcohol addiction in the area of strengthening parental competencies, upbringing and child care.





Moc děkuji za rozhovor.