

Title: Analysis of Painful Shoulder Therapy for Stroke Patients in Acute and Subacute Phase

Abstract:

The aim of this thesis is to describe the possibilities of occupational therapy interventions aimed at preventing the development of painful shoulder syndrome or eliminating its manifestations. The theoretical part contains a summary and explanation of the basic concepts and description of individual facilitatory methods that occupational therapists can use when working with this syndrome. In the practical part there are four case reports of patients who have suffered a stroke and already been diagnosed with painful shoulder syndrome, or been suspected of developing this syndrome. The best methods for these patients were chosen and applied to affect the painful shoulder syndrome and the deficiencies that have arisen. According to the results, these patients have achieved a reduction in pain, increased self-sufficiency and quality of ADL and last but not least, an increase in range of motion, which also affects the quality of life.

Key words:

painful shoulder syndrome

occupational therapy

stroke

facilitatory methods

acute and subacute phase