

Congenital Cleft lip and palate in the Czech Republic is one of the most occurring congenital defects. Neural tube defect is a complex disabilities whose treatment requires multidisciplinary approach and guides the individual from birth to adulthood. It represents the life of the victim, especially during childhood , adolescence and young adolescence , a number of complications that manifested in virtually all areas of life affected people and have biological, psychological and socio-economic manifestations and consequences. primarily, the defect negative functional consequences of biting , swallowing, breathing and making the voice and speech. Aesthetically affects facial triangle, which most affects the appearance of the face. Isolated defect is not lethal or associated with mental defect , but in up to 20 % may be associated with an associated morphological disabilities. damage to the face has a significant impact on the self-image of the affected individual , the reaction of the environment may be another source of stress. The consequences of defects is significantly reflected in the claims asked to close the affected individual , in particular the family.

After 80 years, the increasing attention paid to the psychological explorations , dealing with self-image and quality of life of patients with cleft . Their goal , as well as the aim of this work is to analyze the factors that affect quality of life and adaptation of adolescents and young adults with cleft lip and palate. assessment predictors of quality of life in relation to health and predictors of successful adaptation has practical importance for the quality psychological care and can improve and streamline Medical interventions in the field