

BACHELOR THESIS ABSTRACT

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Title of thesis: Possibilities of using occupational therapy in patients with eating disorders

Abstract:

The bachelor's thesis deals with the topic of eating disorders and the possibilities of using occupational therapy in their treatment.

In the theoretical part, I first describe the issue of eating disorders, their etiology and treatment options. I also deal with occupational therapy as a rehabilitation field in psychiatry. The conclusion of the theoretical part is based on the studied Czech and foreign literature and I deal with the use of occupational therapy in patients with eating disorders.

In the introduction to the practical part, I present the results of a questionnaire survey on the current use of occupational therapy in patients with eating disorders in the Czech Republic, which I conducted. I also describe my practice and specific therapies that I led at the Psychiatric Clinic of the 1st Faculty of Medicine, Charles University and the General University Hospital. The last part is a proposed procedure of occupational therapy intervention in patients with eating disorders on the basis of the already created foreign manual "Eating Disorders: A Guide for Occupational Therapists", which is based on the MOHO human employment model. There are also specific activities that I have suggested, and the occupational therapist can do them with people with eating disorders. These activities are again based on the MOHO model and are divided according to areas of will, performance, habits and environmental impact.

Key words: occupational therapy, eating disorders, psychiatry, hospitalization, mental health