

Summary

Difficulties in homecare(giving) for an elderly family member.

This bachelor thesis focuses on the issues of home elderly care and on difficulties that are related to it. Based on available literature it presents related topics in the first part of the thesis. In the second part case studies are used to describe several practical experiences of caregivers.

This thesis is based on facts about contemporary demographic development. It focuses on the aging of the population and on elderly social care. The focus is given to home elderly care and difficult aspects that are connected to it.

In the practical part of the theses qualitative methods of semi-structured dialogue were used. The aim was to find out how individuals who are taking care of non-self sufficient family member experience this situation, why they chose to proceed the way they did, and if they received appropriate information about the possibilities of professional assistance. The aim is also to ascertain how the care influenced their health, financial situation and social life.

The analysis of these dialogues showed that the most immense stress for a caregiver is to take care of a person with behavioural and perception disorders with whom it is hard to communicate. Caregivers who take care of such a person alone are under an even greater risk. It was evaluated that the most significant difficulty connected with elderly health care is the lack of information and non-methodical provision of information for caregivers. Information concerning possibilities of help from social consultancy and help from concrete welfare services.