

Abstract

The aim of the thesis is to describe the therapeutic character of social farming. Social farming is a relatively new and dynamic field of the social economy. The thesis examines the therapeutic nature of social farms in terms of meeting human needs. It is a type of social entrepreneurship, the therapeutic aspects of which will be explored in a selected social farm through a case study. The aim of the thesis is to describe the effects that social farming has on its clients from a therapeutic point of view. The theoretical part presents a basis for describing the relationship between human and nature, that has positive psychological effects on human mental health. It also opens up concepts such as Green care, animal-assisted therapy, horticultural therapy, multifunctional agriculture and other. The empirical part explores life on a specific farm in the Czech Republic with an emphasis on the clients themselves who are employees of the social entrepreneurship through the lens of the therapeutic aspect of particular social farm.

Key words: social agriculture, social farming, social entrepreneurship, Green care, care farming, animal-assisted therapy, horticultural therapy, multifunctional agriculture