

## ***Abstract***

**Background:** Benign prostatic hyperplasia is a relatively common disease affecting men at a later age. It affects a large number of the population and causes discomfort in everyday life. In order to improve the patient's quality of life, it is essential to know the necessary facts about this disease, its origin and effects on the body.

**Main findings:** Under the influence of various factors, prostate cells proliferate and thus enlarge. The enlarged gland then presses on the urethra and causes difficulty urinating. By early and effective diagnosis, we can distinguish benign prostatic hyperplasia from other diseases and also ensure appropriate therapy.

**Conclusions:** Information was sought on the risk factors that lead to this disease, the development of the disease and its consequences for the male organism. The work also describes methods of diagnosis and treatment options depending on the extent of the disease.

**Keywords:** benign prostatic hyperplasia, pathophysiology, diagnostics, treatment