

ABSTRAKT BAKALÁŘSKÉ PRÁCE

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Title: The Use of Craft and Creative Arts in Occupational Therapy

Abstract:

The bachelor thesis addresses the topic of Arts and Crafts in occupational therapy. Arts and Craft are linked with the profession from its beginnings. Craft activities were one of the first meaningful occupations the occupational therapists ever used in their work. These activities were also the first occupations expertly analyzed by occupational therapists. As the society evolved, the role of arts and crafts in occupational therapy changed. Today, the use of Arts and Crafts in therapy is a controversial topic that divides occupational therapists. Some see Arts and Crafts only as a historical part of the profession, outdated and anachronistic, and refuse to use them in their work. Others feel their potential and try to find ways of purposefully including them in their patients' rehabilitation plans.

The bachelor thesis presents a view of Arts and Crafts as a therapeutic tool. It charts the inclusion of these activities in the history of the profession and describes the current situation. It also identifies the problems that occupational therapists face when including these activities in their therapy. The aim of the study was to describe the prevalence, frequency and purpose of the use of creative activities in occupational therapy in the Czech Republic. The research was carried out by an internet based survey that collected responses from 106 respondents, out of whom a majority (55,66 %) includes crafts in their work with patients.

The thesis examines the use of arts and crafts in the therapy of adult patients who suffered a stroke and developed hemiparesis as a result. The integration of these techniques in the treatment of a paretic limb and its grasp function was evaluated by patients in a feedback survey. The annex features the case study of a patient, including a description of the performed creative activity and its pictorial documentation.

Key words: Key words: art, creative art, art therapy, creative activities, creative occupations, arts and crafts, crafts, creative crafts, craft activities, occupational therapy, activity analysis, acquired brain injury, stroke