

The aim of this work is to show that the theme of motivation is a central topic in case of an alcohol addict. Dependence has many dimensions as well as a man has. It hits and changes the whole personality and represents a complicated structure of factors which transcends any medical concept. The goal of this work is to confirm both theoretically and practically dependence concerns human spirituality. Furthermore, it aims to show how complicated the phenomenon of motivation is and to point out connections between the factors influencing changes of an addict and his will and effort to change as well. That is why I focus on personality as a whole at first.. Secondly, I put forth a survey of possible approaches to motivation which I regard a complicated and complete structure, not only within a frame of psychology but regarding philosophy, sociology and spirituality as well. Like I did on the topic of dependence, I focused on links between motivation and spirituality, too, aiming to account on pastoration possibilities in this field. The goal was to show that as for working on addicts pastoration has both theoretical and practical reasons.