

## **ABSTRACT**

The diploma thesis focuses on the teaching of mini volleyball at the 1st grade, specifically on the teaching of mini volleyball according to the rules of orange mini volleyball, which uses the basic game activities of volleyball.

The theoretical part of the thesis deals with the general characteristics of volleyball and basic volleyball rules, which are applied in a simplified form in mini volleyball. Individual volleyball activities are analyzed in the work – serving, receiving service, passing, recording, attacking strike, blocking and picking. Furthermore, the thesis focuses on the organization of volleyball training and the related factors of the didactic process, i.e. the coach and the player. In addition to the factors of the didactic process, the work also discusses didactic forms and procedures for practicing game activities. In the next chapter, the rules of Color minivolleyball are discussed in detail, which are divided according to the colors that mark the individual levels. The next chapter is devoted to the characteristics of a child of younger school age, focusing in particular on the development of basic sports abilities and skills and on the child's motivation. In the next chapter, the structure of the teaching unit of physical education is summarized and described. The penultimate chapter is devoted to the framework educational program, specifically to what it stipulates and where it falls in the RVP ZV volleyball. The theoretical part is concluded with an analysis of the school educational program of the selected school, which focuses on how the school includes the teaching of volleyball in the SVP.

The research part focuses on the results of a questionnaire survey intended for physical education teachers at the 1st grade of elementary school and on the interpretation of the results. The results are recorded in bar and pie charts. Part of the research work is also an experiment, which includes the application of the orange mini volleyball teaching model proposal. The results of the experiment are interpreted and recorded using tables. The research part contains the used work methods, discussion and conclusions of the work.

## **KEYWORDS**

volleyball, mini volleyball, teacher, physical education, game activity, 1st grade of elementary school