

Abstract

This research bachelor thesis with case report deals with neuralgia of the pudendal nerve. In the theoretical part, the anatomical and kinesiological insight into the pelvic floor will be described, the course of the nervus pudendus, its innervation districts and the possibilities of variation in the course. Furthermore, in the theoretical part, the knowledge about pudendal neuralgia, such as symptomatology, etiology, diagnosis and intervention options with regard to physiotherapy and electrotherapy will be elaborated. In the practical part the knowledge from the theoretical part will be used and applied to a patient with chronic pelvic pain. To objectify the results, a visual analogue scale and questionnaires that the patient fills in during the initial and exit examination will be used and the results will be compared. The aim of the practical part is to reduce pain and discomfort after a series of therapies.

Keywords

Nervus pudendus, pudendal neuralgia, sensitization, manual therapy