

Summary

The bachelor thesis "Individual Life Story Work Using Creative Reminiscence Techniques" builds on the premise that reminiscence is very important not only for personal integrity of the individual, but can be beneficial in communication of seniors in overcoming barriers caused by external or internal factors. The theoretical part of the thesis discusses reminiscence as a targeted work with memories and describes its different approaches and methods, it also focuses on the use of reminiscence with a person with dementia. The practical part describes two examples of good practice. The first one is reminiscence with a person with dementia using a life story book and a second one presents distant form of reminiscing through modern technologies.

Keywords

memories, memory, reminiscence, dementia, interview, creative techniques