

# **BACHELOR THESIS ABSTRACT**

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**Title:** Possibilities of occupational therapy in sheltered housing for people with mental disability and psychiatric disorders

## **Abstract:**

The bachelor thesis focuses on the mapping and possibilities of occupational therapy in the social service of sheltered housing for people with mental disabilities and mental illnesses.

Such issues of mentally ill or intellectually disabled people are described in detail in the theoretical part. Some problem areas of these groups are presented as well as potential of occupational therapy interventions. The current reform of psychiatric care, which is supposed to bring about an improvement of psychiatric care and deinstitutionalization, is being addressed. Stigmatisation and overlooking by society is also a common theme of people with mental and psychiatric illnesses. Finally, a sheltered housing service is presented, especially for the above-mentioned groups.

The practical part deals with the results of a questionnaire survey that was mapping occupational therapy in sheltered housing for people with mental and psychiatric illness in the Czech Republic. On the basis of these results, the studied literature and the acquired practice, a proposal of possibilities for occupational therapy interventions in sheltered housing is developed.

**Key words:** sheltered housing, mental illness, psychiatric disorder, mental disability, intellectual disability, occupational therapy