

# **Abstract**

This thesis addresses the topic of multidisciplinary mental health care. The aim was to show how social workers feel about being in a multidisciplinary team, how they perceive themselves in such a team and how they are perceived by the clients they work with. The evaluation was based on codes formed from interviews with social workers in multidisciplinary teams and interpretation of artwork produced by social workers in multidisciplinary teams as well as artwork produced by clients in multidisciplinary teams. Research has shown that social workers can often feel inferior in these teams, but to their clients they are equal and valuable members of the team. The conclusion and discussion of the thesis provide further ways to test and apply these findings to practice.