

ABSTRACT

My final thesis deals with the the topic of awareness of selected respondents aged 18 - 35 years about good oral hygiene in a selected dental office. In the theoretical part of the thesis, a brief overview of dental anatomy and it's general characteristics are presented. Furthermore, the anatomy of the dentition is expanded by a brief anatomy of the periodontium. This is followed by selected oral diseases that are most commonly encountered. Dentistry as a separate discipline also encounters the myths and superstitions that are prevalent in society and at the same time the different types of prevention – primary, secondary and tertiar – are completely related to them. The different types of prevention reflect the areas that we classify among them. The aim of this bachelor's thesis is an attempt to assess the level of knowledge and awareness of the selected respondents in a particular dental practice. The information required for the practical part of the bachelor thesis was obtained by means of questionnaire survey. The results of this research can be found in the second part of bachelor thesis. From these results, it can be seen that the awareness of the respondent sis 47 % based on the correct answers. Overall 53 % of wrong answers indicate a lack of awareness about the visual of the toothbrush, the job description of the dental hyginist, facotrs for choosing toothpaste and the truthfulness of statements in dentistry. All the results are discussed in detail in the research practical section with illustrative graphs and their descriptions. Recommendations for practice based on peer-reviewed articles and literature are also included for data comparison and subsequent discussion.

KEY WORDS

Oral health, oral hygiene, dental anatomy, dental aids, cleanliness od teeth, technology of clean teeth