The thesis "Aspects of the Pastoral Care in the Pauline Congregations" presents some aspects of the praxis of pastoral care in the graeco-roman Antiquity and in the New Testament how it is principally revealed in the 1st Thessalonians. The main chapters of the thesis expose the chosen aspects of pastoral care like the function of imitation and examples, the role of the pastor in the pastoral act, the process of comforting or the caring congregations. But the research does not end with the comparison of the antic psychologic tradition with the Pauline practise; at least one modern social-psychological method is introduced in every chapter and they are used as a help for a different and sometimes maybe astonishing re-reading of the well-known Bible texts. The social connections analyzing social psychology helps the New Testament finding new methods and language to express the caring interactions between Paul and his congregations. This interdisciplinary thesis aims after binding the biblical texts with their contemporary context and the modern social psychology to reach a helping hand for the practical theology, mainly for pastoral care drawing the conclusion from the exegesis for our eneryday practise.