

ABSTRACT

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Title: Patient Education with Crohn's Disease
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Number of pages: 199
Number of appendixes: 12
Defended in: 2022
Key words: inflammatory bowel disease, Crohn's disease, nursing care,
patient illness perception, patient education, IPQ-R-CZ (B)

This Bachelor's thesis deals with educating patients suffering from Crohn's disease. The theoretical part introduces inflammatory bowel disease in general and then describes the disease itself: its definition, history, aetiopathogenesis, course, pathophysiology, clinical picture, diagnostics, therapy, possible complications, and prognosis. It also examines the specifics of nursing care of these patients and mentions the issue of illness perception. The last chapter is then devoted to education in nursing as such, and specifically to patient education with Crohn's disease.

The empirical part is based on quantitative research using the standardized IPQ-R-CZ (B) questionnaire to learn about patient illness perception. Additionally, a non-standardized questionnaire explores the patients' sociodemographics, basic information about the disease itself, and their knowledge of the disease, while also mapping areas of patient education. The survey was conducted with 104 respondents across three selected health institutions. The aim of the Bachelor's thesis was to find the level of Crohn's disease patients' knowledge and to use this data to create an educational material for these patients.