

This school work is focused on the importance of psychotherapy to the treatment of dependence on alcohol. It deals about the dependence on alcohol, its causes, about the process of this disease and its consequences. Next part of the work describes the treatment of this phenomenon and single forms of the therapeutic processes, namely from the view of the single therapeutical approaches (medical, psychological and social). Multidisciplinary approach is fundamental for the alcoholism treatment. Last part of this work (of the theoretical part) deals about the psychotherapy, about various psychotherapeutic systems and at the end it deals about the psychotherapeutic research. Practical part of this work contains three casuistries or case reports and one interview.