

ABSTRACT

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The bachelor thesis deals with the influence of hormonal changes on the quality of life of women in menopause.

The thesis is divided into two parts. The first one is theoretical, which describes the individual physiological periods of woman's life, the climacteric, the symptomatology of the climacteric, the possibilities of mitigation its impacts, the quality of life in general and the quality of life of women in menopause.

The empirical part of the thesis is based on quantitative research survey, which was performed through a standardized questionnaire Menopause Rating Scale. The main aim of the research was to assess the overall quality of life of women in menopause.