

BACHELOR THESIS ABSTRACT

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Title: Possibilities of meaningful occupation assessment in Occupational Therapy intervention

Abstract:

The bachelor thesis is theoretical-practical. One of the aims of the thesis is to present the role of meaningful activity in occupational therapy. To provide context, the first chapters of the theoretical part are devoted to introducing the field of occupational therapy and basic concepts related to the topic. Meaningful activity is the main therapeutic tool occupational therapists use in patient/client care. The thesis also discusses how occupational therapists, with their broad scope and specific approach, are an important members of the multidisciplinary team. Tools for assessing engagement in meaningful activities are limited and none are available in Czech. In the theoretical part, two main foreign instruments are presented – the Meaningful Activity Participation Assessment, shortly MAPA (Eakman et al., 2007) and the Engagement in Meaningful Activities Survey, shortly EMAS (Goldberg, Brintnell and Goldberg, 2002).

The aim of the practical part is to translate the EMAS tool using the back-translation method and test it in the occupational therapist's practice with stroke patients. Six case studies of patients who were also tested with the quality of life assessment tool (WHOQOL-BREF) were developed. Thanks to this testing, recommendations for follow-up therapy were made. The EMAS seems to be a suitable tool for assessing engagement in meaningful activities also for patients in the Czech Republic, but due to the nature of the questionnaire, cultural adaptation, among other things, must be taken into attention when translating it.

Key words: meaningful activity, occupation, occupational therapy, assessment